

## **A reflection practice**

At Arts Ed Collaborative, one of our values is that continual inquiry propels our work. We ask questions to further our understanding of what is and to help us figure out what might be.

One way this plays out is that we ask a consistent set of four reflection questions at the end of most professional learning engagements. Depending on the context, sometimes we ask these questions using anonymous surveys and other times we discuss them as a group. We are also known to make use of a sticky note or two.

Here are the questions that have been working well for us for the past several years:

- What worked today?
- What were today's challenges or concerns?
- What lingering questions do you still have?
- What do we need to pay attention to in future sessions?

The programs team reviews responses after a program to identify what aspects of our practice as serving participants well and what adjustments we need to make in the future. We have also found it useful to share the feedback with participants at a follow-up session and articulate what changes we are making based on their input.

At the end of the day, there is always more to learn. How do you reflect on your professional practices?