

Regional Arts Ed Day Schedule

Morning (10:30am-12pm)

Afternoon (1:00-2:30pm)

<i>presenter affiliation</i>	<i>session title</i>	<i>presenter affiliation</i>	<i>session title</i>
Attack Theatre	Dance through Visual Thinking Strategies	Pennsylvania Music Educators Association (PMEA)	Self-Care Cookbook: Reflections, Recipes, and Resources for Teachers
Southern Alleghenies Museum of Art, PA Council on the Arts	When I Grow Up I Want to Be an Artist! How Our Students Can Meet (and Work with) the Real Deal	Point Park University	Teaching Entrepreneurship in the Arts
Pittsburgh Cultural Trust	How Do I Feel? How Can I Cope? Using Music to Support Social-Emotional Learning	Pittsburgh Cultural Trust	Felting with Feeling: Promoting Social-Emotional Learning through Fiber Arts
Moon Area School District	Adapted Music in Middle School	Hempfield Area School District	Collaborating with Attack Theatre and the Westmoreland Museum of American Art

Morning Sessions

Attack Theatre	Dance through Visual Thinking Strategies
<p>This session incorporates strategies to enhance classroom learning through visual thinking and kinesthetic learning. Participants will take away a multidisciplinary approach to exploring a visual art piece, which can be adapted and used for other school subjects.</p>	
Southern Alleghenies Museum of Art, PA Council on the Arts	When I Grow Up I Want to Be an Artist! How Our Students Can Meet (and Work with) the Real Deal
<p>What's one way you can reignite enthusiasm for the arts in your classroom and the school community? Bringing in a visiting artist! It is easier than I ever thought it was, and now that I know the secret, we make it happen as often as possible. This isn't a program limited to the art room; in fact, it brings an added benefit to any other classroom teachers' curriculum, as well.</p>	
Pittsburgh Cultural Trust	How Do I Feel? How Can I Cope? Using Music to Support Social-Emotional Learning
<p>All emotions are valid. How can children identify and cope with their emotions? Young children naturally respond to and communicate through music! Cultural Trust teaching artist Amber Fantini will share her residency experiences for teachers on how to use music, chants, and movement to help young students explore emotions and coping strategies.</p>	
Moon Area School District	Adapted Music in Middle School
<p>At Moon Area, we have had a steady increase of students enroll in our Life Skills program. This year, with the amount of students enrolled in the program at the middle school (grades 5-8), I will be teaching 2 sections of Adapted Music. The students will have music every other day for the entire school year. In looking for resources and new ideas, I've come to realize that while it is common to have Adapted Music at the elementary level, it is not nearly as common to have the class in the middle school setting. I will discuss our program, how it has grown, what it includes (all of the adapted specials, not just music), and what one of my classes may look like.</p>	

Afternoon Sessions

Pennsylvania Music Educators Association (PMEA)	Self-Care Cookbook: Reflections, Recipes, and Resources for Teachers
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This session will explore these essential questions:

- Why is it essential to personal health to achieve balance in our lives, and how can we achieve it?
- How does dedication to wellness impact the risk of illness, injury, and the quality of a person’s life?
- What are the consequences of our choices in terms of time and stress management?
- How do effective decision-making skills and goal setting influence healthier lifestyle choices?
- What are suggestions, strategies, and samples for the development of a personal self-care plan?

The overall purpose of the session is to encourage attendees to develop their own self-care plan.

Point Park University	Teaching Entrepreneurship in the Arts
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The goal of this session is to underscore the need to make students aware of the careers paths available in the arts business. Marketing, box office management, ticketing, sponsorship and fundraising are all important areas of sustainability and growth for the arts.

Pittsburgh Cultural Trust	Felting with Feeling: Promoting Social-Emotional Learning through Fiber Arts
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In this session, we will learn the basics of needle felting, both for flat items and 3-D items. Participants will create at least 2 felted objects. During the class, we will draw attention to the how felting can be used to promote social emotional growth and develop pro-social behaviors.

Hempfield Area School District	Collaborating with Attack Theatre and the Westmoreland Museum of American Art
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The presenters will share ways in which 3rd graders explored the theme of Architecture through Dance and Movement. Students were part of a 10-day residency with Attack Theatre and the Westmoreland Museum of American Art in which they used dance techniques to learn about architecture in their community. As part of the residency the children attended a full day field trip at the WMAA with Attack Theatre. Additionally, students were taught movement techniques in their writing, art, music and physical education classes. Lessons, images, and a summary of pre- and post teacher/student reflections will be featured during the presentation.